



**Missouri Consolidated Health Care Plan**  
 573-751-0771 · 800-487-0771 · www.mchcp.org  
 832 Weathered Rock Court, Jefferson City, MO 65101

**Request for Restriction on Use & Disclosure  
 of Health Care Information and/or  
 Confidential Communication**

State Members **Please print clearly and fill out this form completely.**

**Submit this form:**  
 Online: Upload through myMCHCP  
 Fax: 866-346-8785  
 Mail: PO Box 104355  
 Jefferson City, MO 65110-4355

**MCHCP Use Only**  
  
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**Instructions**

If you need assistance in completing this form, please contact MCHCP at 800-487-0771.

**Section 1 – Member Information**

**Member Name** (Person wanting to restrict information): \_\_\_\_\_ **MCHCPid** (Provide either MCHCPid or Social Security Number) \_\_\_\_\_

**Address:** \_\_\_\_\_ **or Social Security Number:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **ZIP Code:** \_\_\_\_\_

**Primary Phone Number:**  Home  Work  Mobile **Secondary Phone Number:**  Home  Work  Mobile  
 ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_ ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

**Section 2 - Information Restriction and Confidential Communication**

Please fill out Column A **and/or** Column B.

<b>Column A</b>	<b>Column B</b>
<p><b>Health Care Information to be Restricted</b>            (Please specify what information should be restricted):</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p><b>Nature of Restriction (Please specify to whom the information should be restricted. Ex - health plan vendor, medical provider, relative, etc.):</b></p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p><b>Health Care Information to be Communicated Confidentially:</b></p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p><b>Preferred Alternative Location/Address/Telephone Number/Email:</b></p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>

**Section 3 – Member Authorization**

You have the right to request that we restrict our use and disclosure of your health care records and information. We do not have to agree to your requested restrictions. If we do agree to the requested restriction, we will abide by the restriction unless an emergency requires otherwise. You also have the right to request that we communicate certain health care information to you in confidence. We will accommodate your reasonable written requests to receive communications of health information by alternative means or at alternative locations only if you specify the alternative location, address, or telephone number and/or the alternative means of contact.

**Signature of Member:** \_\_\_\_\_ **Date (MM/DD/YYYY):** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Or, Signature of Person Authorized by Law to Act for the Member (Attach proof of authority to act):** \_\_\_\_\_ **Date (MM/DD/YYYY):** \_\_\_\_/\_\_\_\_/\_\_\_\_

**MCHCP STAFF ONLY**

Request for Restriction:  ACCEPTED  DENIED      Request to Communicate Confidentially:  ACCEPTED  DENIED

This Request for Restriction and/or Confidential Communication Form is to be made a part of the medical record of (Member Name): \_\_\_\_\_

*Return a copy of completed form to individual and place original as part of individual's medical record.*